

Donate Today!
HeartlandFamilyService.org



The individuals and families we serve need help now more than ever!
As Heartland Family Service navigates a changing landscape, our programs and services continue to deliver life-changing help to thousands in our community. Your donation can make a positive difference in their lives. Your generosity will help us create a community of opportunity... so everyone can.
Thank you in advance for your gift!
If you would like to learn more, call me directly at 402.552.7443.
With deepest gratitude,
marzia



Marzia Puccioni Shields
Chief Development Officer
MS Shields@HeartlandFamilyService.org

Help the children and families with a generous gift.
Please visit HeartlandFamilyService.org



Child & Family Well-Being

From early childhood education programming to crisis intervention for troubled teens to social and nutritional offerings for seniors, participants in our programs receive education and support today to have a brighter future.



Counseling & Prevention

Programs in this area share a central focus on therapeutic services in order to treat current mental health and substance use issues, manage chronic illnesses, and intervene earlier through education and prevention services.



Housing, Safety, & Financial Stability

The goal of programs in this area is to provide immediate, as well as long-term assistance to members of our community experiencing issues of domestic violence, sexual assault, homelessness, and financial crisis.

2101 S. 42nd Street, Omaha, NE 68105 | (402) 552-7443 | HeartlandFamilyService.org

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Let's create a community of opportunity.

So everyone
can. HEARTLAND
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John Jeanetta,
President & CEO



You can help people like Hannah.

At **Heartland Family Service**, we believe the programs and services we offer are life changing! Families and children need housing, individuals struggle to cope every day with their mental health, a mother and her children seek safety from abuse, and a refugee child needs extra preparation getting ready for American kindergarten. Many are struggling and need our help, especially as the effects of the ever-changing COVID-19 pandemic continue to ripple through our community.

Heartland Family Service is here to create a community of opportunity for each person we serve. We know that transforming our world into a place of limitless opportunity is a huge goal and is only possible with the help of our community.

When you assist **Heartland Family Service** in helping individuals, children, and families, you create opportunities to guide them towards well-being, stability, and healing from their past or current trauma or struggle. Your support is needed, now more than ever, to aid us in this vision of opportunity.

If you have any questions or would like additional information on how YOU can help create a better life for children and individuals in our community, please contact **Chief Development Officer Marzia Shields** at (402) 552-7443 or MShields@HeartlandFamilyService.org.

Thank you for your continued support! Together, we can center our neighbors' needs. So everyone can.

With Warm Regards,

John Jeanetta, President & CEO



Hannah Can.

When Hannah* stepped onto her college campus for the first time, no one could tell just by looking at her that the burden she carried far exceeded the weight of her backpack. After years of keeping her traumatic past a secret, Hannah finally felt safe enough to seek help through therapy on her college campus. She shared that she had been repeatedly sexually molested by her father and he had also isolated her from her family.

* To protect our client's rights, the client has been de-identified in this story.

Without the benefit of legal counsel, Hannah sought a sexual assault protection order against her father, which was granted. Because of the statutory limitations of this type of protection order, her father could not be ordered to keep away from her university campus, place of employment or her home and there was no provision to prohibit him from owning firearms. Undeterred, Hannah contacted the **Heartland Family Service Domestic Violence/Sexual Assault** program for help. Through the Legal Services, Advocacy Services, and Therapeutic Services at **Heartland Family Service**, Hannah finally found the help she needed in her dangerous situation.

To add to Hannah's pain, her father attempted suicide, unable to face the criminal consequences. At a time when her only worry should have been her new college classes, weekend plans, and occasional homesickness, Hannah was dealing with her father's pending criminal charges, his attempted suicide, and her status as the primary witness in the court case.

Hannah's main goal in coming to **Heartland Family Service**, was to get help amending her sexual assault protection order to a domestic abuse protection order, which would include more protections against

her father being in contact with her. Additionally, she requested that her father be prohibited from coming to her university campus, place of employment, and her grandparents' home.

Hannah also requested that her father not be allowed to own firearms, and he initially opposed her request to amend the order. However, with the assistance of **Heartland Family Service's Domestic Violence/Sexual Assault** Legal Services attorney, the order was amended. Now that her legal setbacks were amended, she began attending therapy to also mend the trauma she endured.

With the strength she found through therapy, she and her family reconnected and began working to reestablish their relationships. Hannah then reported her assaults to law enforcement, resulting in charges finally being filed. A bond was set ordering no contact between Hannah and her father.

This 19-year-old woman has endured more pain and suffering than most women twice her age ever will, but this survivor is determined not to allow her past to define her future. With her tenacity to find the help she needed and with the assistance of **Heartland Family Service, Now Hannah Can.**

The mission of Heartland Family Service is to strengthen individuals and families in our community through education, counseling, and support services.