

Services at the Heartland Family Service Safe Haven concealed emergency shelter are provided to victims of domestic violence and sexual assault as a means of protecting victims from the threat of further abuse. Safe Haven residents are assisted by program staff to develop shortand long-term planning goals such as securing employment, m or other financial assistance, and seeking safe, permanent housing.

## **Cleaning Supplies**

- Dishwasher detergent
- Garbage bags (13 gallon & up)
- Laundry detergent
- Lysol Kitchen & Bathroom Cleaner
- Lysol Spray Disinfectant
- Pine-Sol Disinfectant

#### **Foods**

- · Canned goods
- Cereal
- Coffee
- Creamer
- Macaroni & Cheese
- Minute Rice
- Juice boxes
- Pasta
- Potatoes
- Sugar
- Tea

# **Household Goods**

- Alarm clocks
- Aluminum foil
- Baggies/sandwich bags
- Bath towels
- Fans
- Hand towels
- New pillows
- Twin sheets (new or gently used)

## **Personal Hygiene**

- Baby wipes
- Diapers (size 3, 4, 5)
- Feminine hygiene products
- Hair spray
- Hand/body lotion
- Nail clippers
- Pull-Ups training pants (medium or large)
- Shampoo/Hair conditioner
- Tooth Brushes
- Toothpaste

#### **Other Needs**

- Local gas station gift cards
- Local grocery store gift cards
- Metro bus passes
- Over-the-counter medications
- Phone cards
- Umbrellas

# **About Heartland Family Service**

The mission of **Heartland Family Service** is to strengthen individuals and families in our community through education, counseling, and support services.

Our programs provide critical human services in the areas of Child & Family Well-Being, Counseling & Prevention, and Housing, Safety, & Financial Stability to the individuals and families who ultimately shape the future of our community.

#### **DELIVER DONATIONS TO: SARPY OFFICE**

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