Services at the Heartland Family Service Safe Haven concealed emergency shelter are provided to victims of domestic violence and sexual assault as a means of protecting victims from the threat of further abuse. Safe Haven residents are assisted by program staff to develop short- and long-term planning goals such as securing employment, or other financial assistance, and seeking safe, permanent housing.

Cleaning Supplies
- Dishwasher detergent
- Garbage bags (13 gallon & up)
- Laundry detergent
- Lysol Kitchen & Bathroom Cleaner
- Lysol Spray Disinfectant
- Pine-Sol Disinfectant

Foods
- Canned goods
- Cereal
- Coffee
- Creamer
- Macaroni & Cheese
- Minute Rice
- Juice boxes
- Pasta
- Potatoes
- Sugar
- Tea

Household Goods
- Alarm clocks
- Aluminum foil
- Baggies/sandwich bags
- Bath towels
- Fans
- Hand towels
- New pillows
- Twin sheets (new or gently used)

Personal Hygiene
- Baby wipes
- Diapers (size 3, 4, 5)
- Feminine hygiene products
- Hair spray
- Hand/body lotion
- Nail clippers
- Pull-Ups training pants (medium or large)
- Shampoo/Hair conditioner
- Tooth Brushes
- Toothpaste

Other Needs
- Local gas station gift cards
- Local grocery store gift cards
- Metro bus passes
- Over-the-counter medications
- Phone cards
- Umbrellas

About Heartland Family Service
The mission of Heartland Family Service is to strengthen individuals and families in our community through education, counseling, and support services.

Our programs provide critical human services in the areas of Child & Family Well-Being, Counseling & Prevention, and Housing, Safety, & Financial Stability to the individuals and families who ultimately shape the future of our community.

Deliver donations to:
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