



Safe Haven

Services at the Heartland Family Service **Safe Haven** concealed emergency shelter are provided to victims of domestic violence and sexual assault as a means of protecting victims from the threat of further abuse. **Safe Haven** residents are assisted by program staff to develop short- and long-term planning goals such as securing employment or other financial assistance and seeking safe, permanent housing.



WISH LIST

Cleaning Supplies

- Dishwasher Detergent
- Garbage Bags (13 gallon & up)
- Laundry Detergent
- Lysol Kitchen & Bathroom Cleaner
- Lysol Spray
- Pine-Sol

Household Goods

- Alarm Clocks
- Aluminum Foil
- Baggies
- Bath Towels
- Fans
- Hand Towels
- New Pillows
- Twin Sheets (new or gently used)

Other Needs

- Gift cards (local gas stations)
- Gift cards (local grocery stores)
- Metro Bus Passes
- Over-the-counter medications
- Phone Cards
- Umbrellas

Foods

- Canned Goods
- Cereal
- Coffee
- Creamer
- Mac & Cheese
- Minute Rice
- Juice Boxes
- Pasta
- Potatoes
- Sugar
- Tea

Personal Hygiene

- Baby Wipes
- Diapers (size 3, 4, 5)
- Feminine Hygiene Products
- Hair Spray
- Lotion
- Nail Clippers
- Pull-Ups Training Pants (medium or large)
- Shampoo/Hair Conditioner
- Tooth Brushes
- Toothpaste



About Heartland Family Service

The mission of **Heartland Family Service** is to strengthen individuals and families in our community through education, counseling, and support services.

Our programs provide critical human services in the areas of **Child & Family Well-Being**, **Counseling & Prevention**, and **Housing, Safety, & Financial Stability** to the individuals and families who ultimately shape the future of our community.



12.19

DONATIONS MAY BE DELIVERED TO:

Sarpy Office

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HeartlandFamilyService.org

HEARTLAND
family service
Good works.